



The Center For
Healing Journeys

Ketamine Assisted Psychotherapy and Treatments

INSTRUCTIONS FOR FIRST APPOINTMENT

1. **Please fill out the attached forms.** This helps us so that we may devote your session to dialogue between us.

YOUR INTAKE CHECKLIST

Intake Form

MEASURES:

- BDI**
- Hamilton**
- PTSD**
- Resiliency**
- ACE**

We'll need the above forms at least 1 week prior to your scheduled Intake Appointment. You may fax to 413-567-9010 or mail to the Longmeadow office at the address below. Due to HIPAA regulations, please don't email. Thanks!

Please read the **Consent form** – we will have you sign it in the office.

Sign and send the **Release form(s)** appropriate to your situation. We'll need 1 for each of your current service providers (i.e. psychiatrist, therapist, PCP, etc..).

The **Fee Schedule** is for your information.

2. **First intake appointment:**

This first appt. is generally 60-90 minutes long with a psychiatrist and psychotherapist; it is an intake session to go over your history, to meet and know each other, and decide if this treatment makes sense for you.

If you haven't sent all the information bring the rest with you.

Park on street in neighborhood, in front of Center, or in lot behind clinic –metered parking.

Please Note the office location in which you've been scheduled for Intake:

OFFICE LOCATIONS:

Center for Healing Journeys
167 Dwight Road, Suite #104
Longmeadow, MA 01106

OR

Center for Healing Journeys
9 Center Court
Northampton, MA 01060

