



The Center For
Healing Journeys

Ketamine Assisted Psychotherapy and Treatments

CHJ Process and Fees

The Center for Healing Journeys Ketamine Assisted Psychotherapy Fees

- 1. Comprehensive Medical/Psychiatric Assessment and Screening**
COST \$650 (1-1.5 hour) – This is the formal intake process and is required prior to moving forward with KAP treatment at our clinic. The full intake process includes 2 meetings: (1) Psychiatrist (\$450). and (2) an intake/evaluation with a Psychotherapist (\$200). Assuming ketamine treatment is deemed appropriate, the completion of these 2 meetings is the first stage of prep for the full (KAP) medicine sessions
Note: Based on initial phone conversations with potential patients, we screen out people who do not seem appropriate for KAP treatment. Most others are likely to be appropriate however, in some cases information is gathered during the more detailed medical intake that contraindicates KAP treatment. While the fee for the intake is non-refundable the second phase of the intake with your clinician may not be necessary at that point. The charge at that point will only be for the medical intake of \$450.
- 2. Ketamine Assisted Psychotherapy (KAP) - COST \$700/session.** (greater than 2.25 hrs) concurrent with psychotherapy – with your clinician present. Note: This includes a treatment integration session which may occur at the time of the medicine session or within a day or two following the medicine session depending on the need/suitability for the patient.
- 3. Basic Ketamine Treatment (“KAP Lite”) - COST \$550/session** (less than 1.75 hours) These are primarily considered ‘medicine sessions’ and tend to be shorter because there is less integration work required or because we used a lower dose and the recovery period occurs more quickly. This is the basic charge when very little therapy is deemed

necessary as part of the session. Adding 25 mins. of integration therapy = \$630. A full (50 minute) integration session as part of the Ketamine treatment is equivalent to a full KAP session and the fee for this is \$700 (See #2 above). Sometimes people do the integration work a day or two later after their medicine session. Sometimes on the same day. Some patients may not need integration work for every session with the medicine. Some therapists in the community have been approved for doing the KAP integration work and can therefore, reduce your need for integration therapy sessions with our clinic. In the cases in which you use your own community based therapist, we may require collaboration meetings in order to more effectively integrate your KAP experience. you may be able to use your insurance.

4. **KAP Group Therapy Sessions**– **COST \$280/Session.** Medicine sessions in the group context, for ‘maintenance phase’ patients only,... meaning, who’ve been through the initial series of sessions and are deemed appropriate for the group sessions. These sessions are supervised and run by 2 clinicians and involve group sharing, connection and support for your therapy work pre and post ketamine session. These are low-moderate dose lozenge sessions done in small groups (4-6 people).
5. **Integrative Therapy Sessions** - **COST \$200.00/Session.** (50 minutes) - with Psychotherapist. This is the cost of a non-medicine therapy session with our therapists. *½ session is \$100.*

SESSION CANCELLATION POLICY: For Tuesday-Friday sessions we need a minimum notice of 48 hours prior to scheduled start time for patient initiated cancellations/changes. Cancellation/changes for sessions scheduled for Mondays need to occur no later than the prior Thursday. Full Fee is expected if cancelled after these limits have occurred. The reason for this: since our sessions are often close to 3 hours in length and require significant personnel and attention, timely notification is essential for our practice’s ability to function effectively and optimize timely appointment availability. Thanks for your understanding.

PAYMENT FOR SERVICES: Services are paid for by an authorized charge your credit card after you receive those services. Credit card charges tend to be run on your credit card between 15-30 days following your sessions and your charges should be consistent with the above fees unless other arrangements have been made. Charges to your card will include payment for services that have occurred since last paid service occurred. Please contact our office manager, Marianne at 413-567-1110 if you have any questions about charges that have been made to your account.

***Negotiation of Fees:** All fees will be as indicated unless an alternative arrangement has been made with the program. In some cases, a fee reduction can occur if circumstances do not make it possible for you to otherwise afford treatment. Fee adjustments are only intermittently possible and depend on available funds. Fee adjustments must be recorded*

on signed form between patient and therapist. As an alternative to fee adjustments, if funds are not available, we can also consider spreading out your payments for services over a period of time. Please inquire, if you feel you may need help with either of these forms of payment support.

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